



Food for Thought

a selection of writings inspired by food

Conscious Eating

Andrews, Geoff

The Slow Food Story: Politics and Pleasure
363.85 A566s

Bittman, Mark

Food Matters: A Guide to Conscious Eating with More Than 75 Recipes
363.85 B624

Goodall, Jane

Harvest for Hope: A Guide to Mindful Eating
363.85 G646

Grescoe, Taras

Bottomfeeder: How to Eat Ethically in a World of Vanishing Seafood
363.85 G831

Heron, Katrina, editor

Slow Food Nation's Come to the Table: The Slow Food Way of Living
363.85 S634

Kingsolver, Barbara

Animal, Vegetable, Miracle: A Year of Food Life
630.9 K55

Madigan, Carleen, editor

The Backyard Homestead
630 B126

Niman, Nicolette Hahn

Righteous Porkchop: Finding a Life and Good Food Beyond Factory Farms
363.85 N713

Petrini, Carlo

Slow Food: The Case for Taste
363.85 P496
Slow Food Nation: Why Our Foods Should be Good, Clean, and Fair
363.85 P496s

Singer, Peter

The Way We Eat: Why Our Food Choices Matter
363.85 S617

Smith, Alisa Dawn

The 100 Mile Diet: A Year of Local Eating
363.85 S642

Food Politics

Manning, Richard

Against the Grain: How Agriculture has Hijacked Civilization
363.85 M284

Masson, J. Moussaieff

The Face on Your Plate: The Truth About Food
363.85 M419

Nestle, Marion

Food Politics: How the Food Industry Influences Nutrition and Health
363.85 N468

Pollan, Michael

The Omnivore's Dilemma: A Natural History of Four Meals
363.85 P771

Robbins, John

Diet for a New America
641.3 R634

Schlosser, Eric

Fast Food Nation: The Dark Side of the All-American Meal
363.85 S345

Spurlock, Morgan

Don't Eat This Book: Fast Food and the Supersizing of America
363.85 S772

Staten, Vince

Can You Trust a Tomato in January?:
Everything You Wanted to Know (and a
Few Things You Didn't) About Food in the
Grocery Store
641.3 S797

Weber, Karl

Food, Inc.: How Industrial Food is Making
us Sicker, Fatter and Poorer -- and What
You Can Do About It
363.85 F686

Healthy Food

Beck, Leslie

Foods That Fight Disease: A Nutrition
Guide to Staying Healthy for Life
613.2 B393f

Kesler, David A.

The End of Overeating: Taking Control of
the Insatiable North American Appetite
613.2 K42

La Puma, John

Chef MD's Big book of Culinary Medicine:
A Food Lover's Road Map to Losing
Weight, Preventing Disease, and Getting
Really Healthy
613.2 L317

McKeith, Gillian

Gillian McKeith's Food Bible: The complete
A-Z Guide to a Healthy Life
613.2 M154f

Pollan, Michael

In Defense of Food: An Eater's Manifesto
363.85 P771i

Warshaw, Hope S.

What to Eat When You're Eating Out
613.2 W295

Gastronomy

Barlow, John

Everything But the Squeal: Eating the
Whole Hog in Northern Spain
914.6 B258

Bruni, Frank

Born Round: The Secret History of a
Full-Time Eater
641.013 B896

Cernea, Ruth Fredman

The Great Latke-Hamantash Debate
641.3 G786

Cheney, Dina

Tasting Club: Gathering Together to
Share and Savor Your Favorite Tastes
641.3 C518

Darling, Catherine

Under the Table: Saucy Tales from
Culinary School
641.013 D221

Grescoe, Taras

The Devil's Picnic: Around the World in
Pursuit of Forbidden Fruit
641.3 G831

Hazan, Marcella

Amarcord—Marcella Remembers: The
Story of a Woman Who Started Out to
Teach Science in a Small Town in Italy,
But ended Up Teaching America How to
Cook Italian
641.013 H428

Hessler, Amanda, editor

Eat, Memory: Great Writers at the Table:
A Collection of Essays from the New York
Times
641.013 E14

Jones, Judith Bailey

The Tenth Muse: My Life in
Food
641.013 J77

Lebovitz, David

The Sweet Life in Paris: Delicious
Adventures in the World's Most Glorious -
and Perplexing - City
914.436 L449

Mallet, Gina

Last Chance to Eat: The Fate of Taste in a
Fast Food World
641.3 M253

Melucci, Giulia

I Loved, I Lost, I Made Spaghetti: A
Memoir
641.013 M829

Rayner, Jay

The Man Who Ate the World: In Search of
the Perfect Dinner
641.013 R275

Roig, Denise

Butter Cream: A Year in Montreal Pastry
School
641.013 R741

Sheehan, Jason

Cooking Dirty: A Story of Life, Sex, Love
and Death in the Kitchen
641.013 S541

Spitz, Bob

The Saucier's Apprentice: One Long
Strange Trip Through the Great Cooking
Schools of Europe
641.013 S761

Sutcliffe, Theodora, editor

1001 Foods You Must Taste Before You Die
641.3 O58

Webb, Margaret

Apples to Oysters: A Food Lover's Tour of
Canadian Farms
641.013 W367

Webster, Jane

At My French Table: Food, Family and Joie
de Vivre in a Corner of Normandy
641.013 W367

Witherspoon, Kimberly, editor

How I Learned to Cook: Culinary
Educations From the World's Greatest
Chefs
641.013 H847

Wizenberg, Molly

A Homemade Life
641.013 W835

Cultural History of Food**Barer-Stein, Thelma**

You Eat What You Are: People, Culture
and Food Traditions
394.12 B248

Broomfield, Andrea

Food and Cooking in Victorian England: A
History
394.12 B873

Caro, Mark

The Foie Gras Wars: How a
5,000-year-old Delicacy Inspired the
World's Fiercest Food Fight
641.391 C292

Collingham, E.M.

Curry: A Tale of Cooks and Conquerors
394.12 C711

Colquhoun, Kate

Taste: The Story of Britain Through its
Cooking
394.12 C722

Cooke, Nathalie, editor

What's to Eat?: Entrées in Canadian Food
History
394.1271 W555

Duncan, Dorothy

Canadians at the Table: Food, Fellowship,
and Folklore
394.12 D911

Elkort, Martin

The Secret Life of Food: A Feast of Food and Drink History, Folklore, and Fact
641.3 E43

Fagan, Brian M.

Fish on Friday: Feasting, Fasting, and the Discovery of the New World
394.12 F151

Fernández-Armesto, Felipe

Near a Thousand Tables: A History of Food
641.3 F363

Glants, Musya

Food in Russian History and Culture
394.12 F6862

Gdula, Steven

The Warmest Room of the House: How the Kitchen Became the Heart of the Twentieth-Century American Home
394.12 G291

Koeppel, Dan

Banana: The Fate of the Fruit That Changed the World
641.34772 K78

Kraemer, David Charles

Jewish Eating and Identity Through the Ages
394.12 K89

McWilliams, James E.

A Revolution in Eating: How the Quest for Food Shaped America
394.12 M177

Menzel, Peter

Hungry Planet: What the World Eats
641.3 M551

Rain, Patricia

Vanilla: The Cultural History of the World's Most Popular Flavor and Fragrance
641.3382 R154

Rappoport, Leon

How We Eat: Appetite, Culture, and the Psychology of Food
641.3 R221

Standage, Tom

An Edible History of Humanity
394.12 S785

Strong, Roy

Feast: A History of Grand Eating
394.12 S924f

Tannahill, Reay

Food in History
641.3 T1663

Wheaton, Barbara Ketcham

Savoring the Past
394.12 W558

Willard, Pat

America Eats!: On the Road With the WPA: The Fish Fries, Box Supper Socials, and Chitlin Feasts That Define Real American Food
394.12 W694

Wrangham, Richard W.

Catching Fire: How Cooking Made Us Human
394.12 W941